

THE ADVOCATE.

Domestic Household Hints.

Salads are all times valuable as cooling, refreshing food, and as beside excellent food for promoting sleep.

Lamp chimneys should never be washed. Dampen a cloth in alcohol and rub them clean in half the time.

An acceptable way of quenching the baby's thirst is to tie some well crushed ice in a piece of soft clean muslin.

Glass stains should be rubbed with molasses thoroughly and then washed out as usual. Another treatment is to rub with alcohol and then wash in water.

A common cause of failure in making fancy bread and rolls is mixing the dough too stiff. It should be soft enough to work without being the least sticky.

When the burners become clogged and stick lay them in a small pot, cover with vinegar and add a tablespoonful of salt; let them boil an hour or two. They will come out as fresh and clean as ever.

Washing soda moistened to a paste will brighten this quickly, and a teaspoonful added to a tablespoonful of Spanish whiting will make a paste that will clean marble if it is allowed to dry there.

It is said that a new potato grated finely and then used instead of soap to wash is good. The juice of the potato, raw, of course, contains some principle that acts quickly and beneficially on the skin.

A good recipe for orange water is: One quart water, one pound sugar, the outer rind of one and juice of three or four oranges. Strain into a can and pack ice and salt around it, and freeze and scrape it down until it is sufficiently frozen.

A vast army of elm beetles is devastating Southern New England, destroying some historic elms. Money has been appropriated for their extermination by several cities.

A suit has begun in the United States Circuit Court to test the Federal shipping laws, which make it a crime for sailors to refuse to work when on the high seas.

In wealth Pennsylvania ranks next to New York, having an assessed valuation of \$1,683,559,016, owing largely to the manufactures carried on within the limits of the commonwealth.

Chester Rome, the defaulting Treasurer of Poweshick County, Ia., has been captured in Mexico. Thirty thousand dollars was the amount stolen. Rome invested it in a saloon in the City of Mexico.

People call Rev. Dr. F. E. Clark, who originated the Christian Endeavor movement, "Father Endeavor." Clark greatly to his disgust, for he is only forty-four and is in the prime of his strength and vigor.

One of the most noted architects of Boston, Dennis Reardon, has been totally blind since his ninth year. He designed the plans for the Boston Library, the Natural History Building and many other prominent edifices.

A Colorado man, who claims to know what he is talking about, says that the National Educational Association at Denver was worth a million dollars to Colorado. It brought 15,000 people into the State who spent on an average of \$75 each.

According to the latest returns of the Indian office, there are 248,253 Indians in the United States, exclusive of Alaska. 133,417 of these are living on reservations. 98,632 of whom support themselves. The total of self-supporting Indians is 212,900.

It is understood that about \$25,000 has been raised of the fund of \$50,000 which it is proposed apply to the redemption of the liabilities against Edgewood, the famous country place of the late Chief Justice Salmon P. Chase, so that it may remain in the possession of his daughter, Mrs. Kate Chase Sprague.

A coal combine, controlling seven-eighths of the coal interests of the South, it is said is being formed with a capital of \$50,000,000. Kentucky and Tennessee mines constitute a large part of the Trust. A meeting at Look-out Mountain, presided over by Mr. Pratt, of the Jellico mines, was held last week. The avowed purpose of the organization is to materially advance the price of coal.

GROWS IN KENTUCKY.

The Ginseng Root So Highly Prized By the Chinese.

Ginseng has a fleshy root and a stalk from four to nine inches high, which bears near the tip three petiole leaves of five small leaflets, and on the end of the stalk some insignificant white blossoms.

Ginseng is chiefly valuable as an article of export to China, where it is supposed to possess remarkable virtues for the treatment of nearly all diseases.

It is esteemed by the Chinese that the right to gather it is reserved to the Emperor. It is highly thought of as a remedy for exhaustion of body and mind, and is supposed to prolong life to a good old age. Their physicians have written volumes about it and deem it necessary in all their best preparations.

The best roots have a horny appearance, yellow and semi-transparent. This condition is obtained by putting them into hot water, brushing until thoroughly clean, and then steaming over boiling millet.

The roots that are bifurcated or divided are considered the most powerful, and it is said that to this kind it owes its name, Jin Chen, like a man, and, strange to say, the American Indian name, garantopuen, means the same thing.

Before the discovery of the root in America the root in Peking frequently brought its weight in gold and ten times its weight in silver. In 1718 the Jesuits began shipping the root to China and in 1748 they sold for \$1 a pound in this country and \$5 a pound in China.

The price fluctuates greatly, having been at one time \$5 an ounce, but now fine, sun-dried roots bring \$1 an ounce in New York.

New York, West Virginia and Minnesota export the principal amount from this country, and it is worth \$700,000.

The people of the Western States will remember the panic of 1857, when for three years the crops were destroyed by blight and grasshoppers. In that time of widespread distress a botanist discovered the plant in the woods of Minnesota. He wrote to a firm in New York, asking if there was a market for it, and the reply was to send all that he could get.

He immediately had circulars printed with a picture and a full description of the plant, and sent to all the families he could reach in the large farming region South of St. Paul. Whole families turned out to dig it; men, women and children. They brought it in by basketfuls and received from fifty to sixty cents a pound for it, mud and all, for they did not wash it before selling.

For three years the people in this vicinity nearly supported themselves by digging this plant, for it was almost their only means of getting money.

So preserving were they in their efforts that the plant has been nearly exterminated, and it is a rare thing to find a specimen in this locality. It is now found only in the northern part of the State, where the Chippewa Indians bring into market the small quantity that they can find.—Boston Globe.

IT IS NOT PARADISE BUT—

If you have some cash to spare and are willing to work, financial independence cannot be more surely secured than by buying a few acres of irrigated land in Salt River Valley.

This valley is in Southern Arizona, and is noted for its fine semi-tropical fruits and superior climate. Horticulturists say that greater profits can be realized here from oranges and grapes than in Florida or California. Physicians assert that the warm, dry, bracing climate excels in healing qualities Italy's balmyest airs. The great blizzard of 1895 did not blight the tenderest leaf in this protected spot.

To get there, take Santa Fe Route to Phoenix, A. T., via Prescott and the new line, S. F. & P. Ry. Address Geo. T. Gunnip G. A., 417 Walnut Street, Cincinnati, O., for illustrated folders. They tersely tell the story of a remarkable country. Actual results are given—no guesswork or hearsay.

IT IS THE SALT RIVER VALLEY.

The Pops Would Have It All. Why not coin wind.—Galveston News.

GRAND EXCURSION

To Niagara Falls, Lake Chautauqua, Toronto and Thousand Islands.

Via Big Four Route, Thursday, August 1st, at the usual exceedingly popular rates:

Cincinnati.....\$5 00 \$4 50
Toronto only \$1.00 more, and Thousand Islands only \$5.00 more than rates to Niagara Falls.

Our patrons know the excellent quality of these personally conducted special train excursions via the "Big Four" the natural route to the Falls via Buffalo. Elegant Wagner Sleeping Car accommodations will be provided for all. Solid trains of Parlor Cars and Coaches run through without change.

For full particulars write to nearest agent Big Four Route.

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E. O. McCORMICK,
Pass. Traffic Mgr.

The American Girl and Her Mother.

The English girl looks to her mother for counsel and guidance on every point in her life. Does the American Girl? asks Edward W. Bok. The life of the French girl always remains a part of the being who bore her. Does that of the American girl? The Italian girl's life is known to her mother almost as well, even in its most inner thought, as to the girl herself. Is that of the American girl? The gospel of the Swiss girl is that of solicitation for her mother, morning, noon and night. Is it the gospel of the American girl? The Dutch girl never dreams of telling her mother that she is going to do thus and so; she asks if she may. Does the American girl? In Germany, the daughter's first thought, when she reaches proper years, is to relieve her mother of every domestic care and thought. Is it the thought of the American girl?

Chauncey's New Story.

Chauncey M. Depew has a new story—one which he won't tell the next time he goes to Chicago. Here it is: "There was once a prominent man in Chicago who, like all others out there, had a very exalted opinion of his own city. He died, and when he reached his eternal home he looked about him with much surprise and said to the attendant who had opened the gate for him, 'Really, this does great credit to Chicago. I expected some change in heaven.'"

"The attendant eyed the Chicagoan a second and then observed, 'This isn't heaven.'—Ex.

A Royal Mute.

London, July 20.—A report is in circulation that has caused a great sensation in society, that the Duke and Duchess of York's baby, Prince Edward, heir to the British throne, is deaf and dumb. It is impossible to ascertain what amount of truth there is in the report. The baby is a little over a year old and is stout and well formed. His photographs do not exhibit a trace of mental defect, but the report of this calamity is bruited widely as a fact.

Valley Forge's Lone Gravestone.

Only one grave, that of John Waterman of Rhode Island, marked with a rudely carved sandstone, has been identified of all who died at Valley Forge during that perilous winter of 1778. "J. W., 1778," are all the marks that are on the stone, but the records show whose grave it is. All the other graves have been plowed over for more than a century.—Richmond Dispatch.

An Issue in Doubt.

Stanger—I was over to your courthouse to-day at the murder trial. I don't see why the jury deliberates so long; the prisoner proved a complete alibi.

Resident (Boomer town, Oklahoma)—Wal, I wouldn't like to gamble on the result. This is the first chance for a hangin' since the new jail's been built, and local pride's at stake!—Puck.

Pike's Peak 1,100 Feet Higher.

It is believed that the work of the Government surveying party now at Colorado Springs will disclose an error in the reckoning made from the old Kaibab Pacific survey, of the elevation of that locality, and that the altitude of Pike's Peak will be proven to be 15,647 feet a gain of over 1,100 feet.—Kansas City Journal.

WE WILL NOT BE UNDERSOLD.

No catch penny price affects us, but we will for the next Ten Days, for Cash only, make you some special prices like unto this: All-wool Carpets, 40c per yard; Tapestry Brussels 50c per yard; Smith's Moquet Rugs, small for doors, 90c; Rugs 27x64, \$1.75; Large size, 36x72 \$2.75; Smyrna Rugs door mats, 90c; Smyrna Rugs 27x64 \$2.00; Smyrna 36x72 \$2.90. Largest size Sultan Rugs, \$5.50. Window Shades for 15c up to 85c; Curtain Poles, 15c each or two for 25c. These are all new and all new goods, no old styles among them, and we guarantee to be as represented.

We have also on transit and in stock some Fancy Mahogany and Curly Birch Suits and Fancy Unlaid Tables in new designs. Book Cases, Sideboard, Buffets' Leather Dirrirs Fancy Oak Tables, and everything in the Furniture and Carpet Department is complete. We are determined not to be undersold and everything we sell we guarantee, so if you want bargains, we are here for the purpose of waiting on you. It is no trouble to show you through our house and give you prices. Remember the prices are for ten days only.

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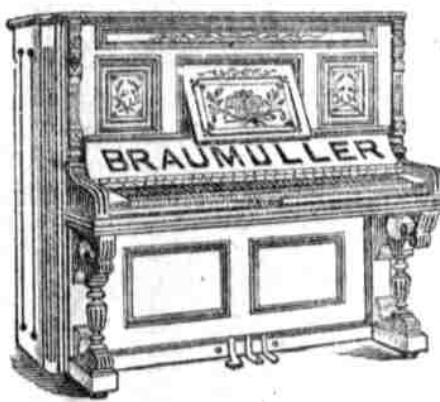
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Yellow fever is increasing at an alarming rate in Havana, and cholera is epidemic at Higo, Japan.

A plant to can horse meat for foreign consumption has been started at Linton, Ore.

Louisville & Nashville R. R. (KENTUCKY CENTRAL DIV.)

Schedule in effect Jan. 28, 1894.

South-Bound.	No. 1 Daily Express	No. 5 Fast Line Daily	No. 9 Acme Daily Ex. Sun.
Lve Cincinnati.....	8 11 a m	7 55 pm	8 05 pm
Lve Covington.....	8 19 a m	8 03 pm	8 11 pm
Lve Paducah.....	8 45 a m	8 09 pm	8 17 pm
Lve Cyathiana.....	10 43 a m	8 50 pm	8 58 pm
Arr Paris.....	11 13 a m	10 15 pm	8 57 pm
Arr Lexington.....	12 10 m	10 50 pm	9 57 pm
Lve Paris.....	11 25 a m	10 25 pm	9 00 pm
Arr Winchester.....	12 10 m	10 55 pm	9 55 pm
Arr Winchester.....	12 35 pm	10 55 pm	7 00 pm
Arr Richmond.....	1 30 p m	11 43 pm	8 55 pm
Lve Berea.....	1 30 p m	12 07 am	9 05 pm
Arr Livingston.....	2 56 p m	1 05 am	
Lve Livingston.....	3 10 p m	2 25 am	
Lve London.....	3 22 p m	2 17 am	
Arr Corbin.....	4 28 p m	2 55 am	
Lve Corbin.....	4 35 p m	3 10 am	
Lve Harboursville.....	5 20 p m	3 52 am	
Lve Pineville.....	5 00 p m	4 30 am	
Lve Middleborough.....	6 40 p m	5 05 am	
Arr Cumberland Gap.....	6 55 p m	5 23 am	
Arr Harrogate.....	7 00 p m	5 30 am	
Arr Knoxville.....		8 00 am	

MAYSVILLE BRANCH

North-Bound.	No. 2 Daily Ex. Sun.	No. 12 Daily Ex. Sun.
Lve Cincinnati.....		8 05 pm
Lve Covington.....		8 11 pm
Lve Lexington.....	7 00 a m	8 55 pm
Arr Paris.....	8 08 a m	8 55 pm
Arr Millersburg.....	7 45 a m	8 55 pm
Arr Carlisle.....	8 27 a m	7 17 pm
Arr Johnson.....	9 11 a m	8 01 pm
Arr Mayeville.....	9 50 a m	8 45 pm
South-Bound.	No. 8 Daily Ex. Sun.	No. 11 Daily Ex. Sun.
Lve Mayeville.....	5 42 a m	1 45 pm
Lve Johnson.....	6 20 a m	2 24 pm
Lve Carlisle.....	7 05 a m	3 08 pm
Lve Millersburg.....	7 22 a m	3 27 pm
Arr Paris.....	7 45 a m	3 50 pm
Arr Lexington.....	8 25 a m	4 30 pm
Arr Covington.....	10 24 a m	5 57 pm
Arr Cincinnati.....	10 30 a m	

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And all Eastern Cities.

Time Card in Effect June 30, '95, From Mt. Sterling.

WEST BOUND.			
No. 27	6:25 a. m.	Local, Cincinnati connection	
No. 21	7:30 a. m.	Fast Train, Cincinnati	
No. 25	2:25 p. m.	Local, Cincinnati	
No. 23	5:00 p. m.	Fast Train, Louisville	
EAST BOUND.			
No. 26	9:45 a. m.	Local to Morehead	
No. 22	12:45 p. m.	Fast Train	
No. 28	7:30 p. m.	Local to Mt. Sterling	
No. 24	9:35 p. m.	Fast Train	

*Daily except Sunday.
†Daily.

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TIME CARD
IN EFFECT JULY 7th, 1895

WEST BOUND.	No. 1 Daily, Sundays only	No. 3 Daily	No. 5 Daily Ex. Sun.
Lve Jackson.....	6 30 a m	8 10 pm	6 00 am
Lve Beattyville June.....	7 33 a m	4 14 pm	8 40 am
Lve Natural Bridge.....	8 07 a m	4 50 pm	10 07 am
Lve Clay City.....	8 31 a m	5 35 pm	12 30 pm
Lve Winchester.....	9 43 a m	6 55 pm	3 15 pm
Arr Lexington.....	10 34 a m	7 10 pm	4 35 pm

GOING EAST.	No. 2 Daily	No. 4 Sunday Only	No. 6 Daily Ex. S.
Lve Lexington.....	2 30 pm	8 15 am	6 30 am
Arr Winchester.....	3 15 pm	9 10 am	8 10 am
Lve Clay City.....	4 05 pm	10 00 am	11 45 am
Lve Natural Bridge.....	4 30 pm	10 45 am	1 20 pm
Lve Beattyville June.....	5 20 pm	11 22 am	3 05 pm
Lve Jackson.....	6 30 pm	12 15 pm	5 20 pm

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